

Cappuccino Almonds

Nutrition Facts

Serving Size about 9 pcs. (40g)

Amount Per Serving

Calories 220 Calories from Fat 140

% Daily Value*

Total Fat 15g **23%**

 Saturated Fat 6g **30%**

 Trans Fat 0g **0%**

Cholesterol 5mg **2%**

Sodium 20mg **1%**

Total Carbohydrate 19g **6%**

 Dietary Fiber 2g **9%**

 Sugars 16g

Protein 4g

Vitamin A 0% • Vitamin C 0%

Calcium 10% • Iron 4%

*Percent Daily Values based on a 2,000 calorie diet.